



PROGRAM CHARACTERISTICS AND PERFORMANCE GOALS

Institution Name St. Charles Community College
Program Name Associate of Science – Physical Education with Exercise Science,
Recreation/Leisure, and Sports Management options
Date January 29, 2015

(Although all of the following guidelines may not be applicable to the proposed program, please carefully consider the elements in each area and respond as completely as possible in the format below. Quantification of performance goals should be included wherever possible.)

1. Student Preparation

- Any special admissions procedures or student qualifications required for this program which exceed regular university admissions, standards, e.g., ACT score, completion of core curriculum, portfolio, personal interview, etc. Please note if no special preparation will be required.
None
- Characteristics of a specific population to be served, if applicable.
General student population with an interest in pursuing a BS in Physical Education in the areas of Exercise Science, Recreation/Leisure, or Sports Management .

2. Faculty Characteristics

- Any special requirements (degree status, training, etc.) for assignment of teaching for this degree/certificate.
Masters Degree or higher
- Estimated percentage of credit hours that will be assigned to full time faculty. Please use the term "full time faculty" (and not FTE) in your descriptions here.
25% full-time faculty; 75% adjunct faculty
- Expectations for professional activities, special student contact, teaching/learning innovation.
Ongoing professional development is required of all full-time faculty. SCC is steadily increasing professional development opportunities for adjunct faculty.

3. Enrollment Projections

- Student FTE majoring in program by the end of five years.
35

- Percent of full time and part time enrollment by the end of five years.
50% full time, 50% part time

4. Student and Program Outcomes

- Number of graduates per annum at three and five years after implementation.
Three years – 5 graduates per annum, Five years – 10 graduates per annum
- Special skills specific to the program.
Physical education knowledge and skills necessary to successfully transfer to a BS program
- Proportion of students who will achieve licensing, certification, or registration.
Not applicable
- Performance on national and/or local assessments, e.g., percent of students scoring above the 50th percentile on normed tests; percent of students achieving minimal cut-scores on criterion-referenced tests. Include expected results on assessments of general education and on exit assessments in a particular discipline as well as the name of any nationally recognized assessments used.
[Click here to enter text.](#)
- Placement rates in related fields, in other fields, unemployed.
Not applicable
- Transfer rates, continuous study.
90%

5. Program Accreditation

- Institutional plans for accreditation, if applicable, including accrediting agency and timeline. **If there are no plans to seek specialized accreditation, please provide a rationale.**
College accredited by HLC no program specific accreditation to be sought

6. Alumni and Employer Survey

- Expected satisfaction rates for alumni, *including timing and method of surveys.*
90% 180 days after graduation; mailed survey followed up by telephone
- Expected satisfaction rates for employers, including timing and method of surveys.
Not applicable

7. Institutional Characteristics

- Characteristics demonstrating why your institution is particularly well-equipped to support the program.

St. Charles Community College has good indoor fitness facilities and outstanding outdoor fitness and recreational facilities located on campus. We currently offer all of the necessary classroom and activity classes. Being located in a major metropolitan area there is a wealth of highly trained and experienced adjunct faculty to draw upon.



PROGRAM STRUCTURE

A. Total credits required for graduation: 64-66 depending on option chosen

B. Residency requirements, if any: 15 credit hours

C. General education: Total credits: 28-31 depending on option chosen

Courses (specific courses OR distribution area and credits):

Course Number	Credits	Course Title
Mathematics	4	
Communications	9	
Social Science	3	
Natural Science	6-8	<i>Depending on option chosen</i>
Electives	3-6	<i>Depending on option chosen</i>
COL 101	1	College Success Seminar (<i>Required for first time college students only</i>)

D. Major requirements: Total credits: 35-37 depending on option chosen

Course Number	Credits	Course Title
REQUIRED CORE:	23	
PHE 103	3	Health
PHE 105	2	First-Aid
PHE 106	2	Personal Wellness
PHE 205	3	Foundations of PE Sport
PHE 250	3	History & Philosophy of Sport
PHE 270	3	Sociological Aspects of Sport
PHE 275	3	Psychological Aspects of Physical Education
Physical Activity Courses (1 hour each semester)	4	
EMPHASIS AREAS:		
Exercise Science	13-14	
BIO 251A –and- BIO 251B	4	Anatomy & Physiology II –and- Anatomy & Physiology II Lab
BIO 270	3	Kinesiology
BIO 280	3	Nutrition Pathways
Elective Choose 1 from the list	3-4	
PHY 150 –and- PHY 153 MAT 175		General Physics I –and- General Physics I Lab
Sports Management	12	
PHE 206	3	Foundations of Sports Management

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PHE 251	3	Coaching Principals
PHE 252	3	Nutrition for Sports Management
Elective Choose 3 credits	3	
ACT 101 BTC 135 and BTC 136 BUS 101 MAT 175 ENG 125		Applied Accounting Your Professional Image and Electronic Communication with Stakeholders Introduction to Business Introduction to Statistics Business Writing
Recreation & Leisure	12	
PHE 204	3	Introduction to Recreation & Leisure
PHE 208	3	Outdoor Recreation & Leisure
Electives Choose 2 from the list	6	
Any from ART, ACT, ANT BUS 101 ENG 125 MAT 175		Introduction to Business Business Writing Introduction to Statistics

E. Free elective credits:

0

(Sum of C, D, and E should equal A.)

F. Requirements for thesis, internship or other capstone experience:

None

G. Any unique features such as interdepartmental cooperation:

None



STUDENT ENROLLMENT PROJECTIONS

Year	1	2	3	4	5
Full Time	10	15	20	25	30
Part Time	5	10	10	10	10
Total	15	25	30	35	40

Please provide a rationale regarding how student enrollment projections were calculated:

Based on current enrollment in transferable Physical Education courses, existing transfer data, and student and enrollment services feedback. See attached chart of existing course transferability to Missouri 4-year institutions)

Provide a **rationale** for proposing this program, including **evidence of market demand and societal need supported by research**:

According to the United States Department of Labor (<http://data.bls.gov/oep/noeted>): 1) between 2012 and 2022 the number of job openings for exercise physiologists will see an estimated increase of 9.2% and in 2012 the median annual salary for exercise physiologists was \$44,770; 2) between 2012 and 2022 the number of job openings for recreational therapists will see an estimated increase of 13.4% and in 2012 the median annual salary for recreational therapists was \$44,770; 3) between 2012 and 2022 the number of job openings for recreation workers will see an estimated increase of 14.2% and in 2012 the median annual salary for recreation workers was \$22,240. Since the typical entry-level education for each area is a Bachelor's degree it is very important for SCC to provide a seamless pathway to transfer to the 4-year institutions for our graduates. We are in the process of working on articulation agreements with Missouri State University and Lindenwood University. In the future we plan to work on articulation agreements with the University of Central Missouri, Southeast Missouri State, and University of Southern Illinois – Edwardsville.

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SCC PHYSICAL EDUCATION TRANSFERS TO MISSOURI SCHOOLS
Revised 12/15/14

SCC	SEMO Cape Gir.	UMSL St. Louis	TRUMAN Kirksville	UCM Warrensburg	MSU Springfield	Linden- wood St. Charles	MSSU Joplin	SW Baptist Bolivar	SIUE	MO Baptist St. Louis	Harris Stowe St. Louis
Intro to PE 101		WORKE 100			PED200				KIN X100		
Concepts: Drugs 102	ELEC	WORKE 100	HLTH245	HED 4310	PEELEC		KINE170		HED 380	KHSC102	
Concepts: Health 103	HL210	WORKE 100	HLTELEC	HED 1100	PED257	HFS 2000	KINE160		HED 201	KHSC333	
Available 104											
First Aid/Safety 105	PE220	PHYED1124	ES ELEC	HED 1350	PED253	HFS16000	KINE220	HPE2000	HED 334	PHED 133	
Personal Wellness 106	ATELEC	WORKE 100	HLT ELEC	PE 1206	PED100	Elective	KINE103	HPE1162	HED 201	KHSC333	
Self-High Topics: Cpr/Smoking 107		WORKE 100				Elective			HED 1XX		
Stress Managem't 108		WORKE 100			PED 000	HFS 24000			HED 1XX	Elective	
Available 109		WORKE 100		PE 1206					HED 1XX		
Available 110											
Softball 111	AT184		ES ELEC		PEELEC		KINE101	HPE1011		KACT REQ	
Begin. Swim 112	AT103		ES130		PED112		KINE101	HPE1071		KACT REQ	
Volleyball 113	ATELEC		ES120		PED133		KINE101	HPE1011		KACT101V	
Dance Aero 114	ATELEC		ES158		PED125		KINE101	HPE1131		KACT REQ	
Phys Fitness 115	ATELEC		ES ELEC		PED000		KINE101	HPE1011		KACT REQ	
Rec Games 116			ES ELEC		PED000						
Basketball 117	ATELEC		ES ELEC		PED000		KINE101	HPE1011		KACT REQ	
Fitness Center 118	ATELEC		ES168		PED000		KINE101	HPE1011		KACT REQ	
Step Aerobics 119					PED125						
Inactive 120					PED127						
Step & Mus Cond. 121	ATELEC		ES ELEC		PED 000		KINE101	HPE1011		KACT REQ	
Yoga 122					PEELEC						
Inactive 123					PEELEC						
SCC	SEMO Cape Gir.	UMSL St. Louis	TRUMAN Kirksville	UCM Warrensburg	MSU Springfield	Linden- wood St.	MSSU Joplin	SW Baptist Bolivar	SIUE	MO Baptist St. Louis	Harris Stowe St. Louis

