



DEPARTMENT OF  
HIGHER EDUCATION &  
WORKFORCE DEVELOPMENT

## New Program Report

**Date Submitted:**

10/19/2023

**Institution**

North Central Missouri College

**Site Information**

**Implementation Date:**

6/3/2024 12:00:00 AM

**Added Site(s):**

**Selected Site(s):**

Savannah Location, 601 N US 71 Hwy, Savannah, MO, 64485

**CIP Information**

**CIP Code:**

513501

**CIP Description:**

A program that prepares individuals to provide relief and improved health and well-being to clients through the application of manual techniques for manipulating skin, muscles, and connective tissues. Includes instruction in Western (Swedish) massage, sports massage, myotherapy/trigger point massage, myofascial release, deep tissue massage, cranio-sacral therapy, reflexology, massage safety and emergency management, client counseling, practice management, applicable regulations, and professional standards and ethics.

**CIP Program Title:**

Massage Therapy/Therapeutic Massage

**Institution Program Title:**

Therapeutic Massage

**Degree Level/Type**

**Degree Level:**

Associate Degree

**Degree Type:**

Associate in Applied Science

**Options Added:**

Collaborative Program:

N

**Mode of Delivery**

Current Mode of Delivery

Classroom

Hybrid

Online



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## New Program Report

### Student Preparation

Special Admissions Procedure or Student Qualifications required:

Students must complete prerequisite coursework with a grade of C or better and apply for program admission.

Specific Population Characteristics to be served:

n/a

### Faculty Characteristics

Special Requirements for Assignment of Teaching for this Degree/Certificate:

Faculty teaching core coursework must have or have the ability to get a current Massage Therapist License in Missouri.

Estimate Percentage of Credit Hours that will be assigned to full time faculty:

Estimated 60% of coursework required fro degree will be taught by full-time faculty.

Expectations for professional activities, special student contact, teaching/learning innovation:

Same as for other faculty - maintain currency in the field.

### Student Enrollment Projections Year One-Five

<b>Year 1</b>	<b>Full Time: 8</b>	<b>Part Time: 0</b>	
<b>Year 2</b>	<b>Full Time: 10</b>	<b>Part Time: 0</b>	
<b>Year 3</b>	<b>Full Time: 10</b>	<b>Part Time: 0</b>	<b>Number of Graduates: 7</b>
<b>Year 4</b>	<b>Full Time: 10</b>	<b>Part Time: 2</b>	
<b>Year 5</b>	<b>Full Time: 10</b>	<b>Part Time: 2</b>	<b>Number of Graduates: 10</b>

### Percentage Statement:

95.00

### Program Accreditation

Institutional Plans for Accreditation:

NCMC plans to prepare students for the national MBLEX certification exam, and comply with all requirements of the Missouri State Board of Therapeutic Massage.

### Program Structure

#### Total Credits:

62

#### Residency Requirements:

Same as for all NCMC programs

#### General Education Total Credits:

18

#### Major Requirements Total Credits:

39

#### Course(s) Added



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COURSE NUMBER	CREDITS	COURSE TITLE
TM240	3	Business Practices for Massage
BT160	3	Microcomputer Applications I
PE133	3	Nutrition for Health and Sport
TM230	1	Therapeutic Massage Clinic I
AH223	2	First Aid and Emergency/CPR
TM280	1	Licensure Review
TM101	1	Intro to Therapeutic Massage
BI240	4	Human Anatomy
SP220	3	Interpersonal Communications
HU	3	Humanities Elective
TM110	4	Theory and Practice I
AH215	4	Kinesiology
BI242	4	Human Physiology
MT110	3	Intermediate Algebra
AH211	3	Medical Law and Ethics
BA269	3	Entrepreneurship
H1103	3	American History to 1877
TM210	3	Advanced Therapy Techniques
TM120	4	Theory and Practice II
TM231	1	Therapeutic Massage Clinic II
EN101	3	English I

**Free Elective Credits:**

0

**Internship or other Capstone Experience:**

N/A

**Assurances**

I certify that the program is clearly within the institution's CBHE-approved mission. The proposed new program must be consistent with the institutional mission, as well as the principal planning priorities of the public institution, as set forth in the public institution's approved plan or plan update.

I certify that the program will be offered within the proposing institution's main campus or CBHE-approved off-site location.

I certify that the program will not unnecessarily duplicate an existing program of another Missouri institution in accordance with 6 CSR 10-4.010, subsection (9)(C) Submission of Academic Information, Data and New Programs.



## **New Program Report**

I certify that the program will build upon existing programs and faculty expertise.

I certify that the program can be launched with minimal expense and falls within the institution's current operating budget.

I certify that the institution has conducted research on the feasibility of the proposal and it is likely the program will be successful. Institutions' decision to implement a program shall be based upon demand and/or need for the program in terms of meeting present and future needs of the locale, state, and nation based upon societal needs, and/or student needs.

### Contact Information

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LONDRE

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## Program Requirements

Students must complete the pre-requisite courses with a "C" or above, prior to beginning the Therapeutic Massage program.

<b>Pre-Requisite Courses</b>	<b>Credits</b>
BI240 Human Anatomy	4
TM101 Intro to Therapeutic Massage	1
	<b>5</b>

<b>General Education</b>	<b>Credits</b>
EN101 English I	3
SP220 Interpersonal Communications	3
HI103 or 104 History or PL216 Natl Govt	3
MT110 or Higher or AH106 Math for Health	3
PY121 General Psychology	3
Humanities Elective	3
	<b>18</b>

<b>Program Requirements</b>	<b>Credits</b>
AH215 Kinesiology	4
BT160 Microcomputer Applications I	3
BI242 Human Physiology	4
PE133 Nutrition for Health and Sport	3
AH223 First Aid and Emergency/CPR	2
AH211 Medical Law and Ethics	3
BA269 Entrepreneurship	3
TM110 Theory and Practice I	4
TM120 Theory and Practice II	4
TM210 Advanced Therapy Techniques	3
TM230 Therapeutic Massage Clinic I	1
TM231 Therapeutic Massage Clinic II	1
TM240 Business Practices for Massage	3
TM280 Licensure Review	1
	<b>39</b>

Total Credits: 62