



DEPARTMENT OF
HIGHER EDUCATION &
WORKFORCE DEVELOPMENT

New Program Report

Date Submitted:

03/09/2020

Institution

Central Methodist University

Site Information

Implementation Date:

8/1/2020 12:00:00 AM

Added Site(s):

Selected Site(s):

Central Methodist University, 411 Central Methodist Sq., Fayette, MO, 65248

CIP Information

CIP Code:

510803

CIP Description:

A program that prepares individuals, under the supervision of occupational therapists, to direct patient participation in skill-enhancing, learning, and motivational tasks; correct or diminish pathologies; and to provide direct health education and promotion services. Includes instruction in human life span development, occupational therapy principles and practice skills, treatment planning and implementation, record-keeping and documentation, patient education and intervention, activity and program direction, and assistive services management.

CIP Program Title:

Occupational Therapist Assistant

Institution Program Title:

Occupational Therapist Assistant

Degree Level/Type

Degree Level:

Bachelor's Degree

Degree Type:

Bachelor of Science

Options Added:

Collaborative Program:

N

Mode of Delivery

Current Mode of Delivery

Classroom

Online

Student Preparation



**DEPARTMENT OF
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Special Admissions Procedure or Student Qualifications required:

Meet all admission requirements to CMU and be fully admitted. Admission to the OTA program and participate in the interview process. Applicants must complete the general education requirements and prerequisite coursework with B- or better: General Biology, Human Anatomy with Lab*, Human Physiology with Lab, Kinesiology or Human movement, Introduction to Occupational Therapy, Human Development, Abnormal Psychology, Medical Terminology, Statistics, Sociology.

Specific Population Characteristics to be served:

n/a

Faculty Characteristics

Special Requirements for Assignment of Teaching for this Degree/Certificate:

FTE OTA will meet Accreditation Council for Occupational Therapy Education (ACOTE) Standard A.2.2

Estimate Percentage of Credit Hours that will be assigned to full time faculty:

100% of credit hours for OTA courses; ACOTE requires three full - time equivalent (FTE) faculty positions at each accredited location offering the program.

Expectations for professional activities, special student contact, teaching/learning innovation:

The Course Objective Achievement Report will measure course specific assessments designed to meet ACOTE B-Standards, The AOTA Fieldwork Performance Evaluation for the OTA Student will measure student's entry-level competence.. OTKE is used to assess a student's occupational therapy knowledge and skills in advance of setting specific fieldwork goals. The Practice NBCOT Exams assesses student knowledge in a format using the same methodology as the actual NBCOT exam.

Student Enrollment Projections Year One-Five

Year 1	Full Time: 2	Part Time: 0	
Year 2	Full Time: 2	Part Time: 0	
Year 3	Full Time: 2	Part Time: 1	Number of Graduates: 3
Year 4	Full Time: 3	Part Time: 1	
Year 5	Full Time: 4	Part Time: 1	Number of Graduates: 5

Percentage Statement:

n/a

Program Accreditation

Institutional Plans for Accreditation:

Transitioning to the baccalaureate degree will promote advancement of the occupational therapy profession by preparing students for higher level OT degrees (MSOT/OTD), there are currently seven Graduate OT programs in the state of Missouri.

Program Structure

Total Credits:

121

Residency Requirements:

30 credit hours



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General Education Total Credits:

58

Major Requirements Total Credits:

63

Course(s) Added

COURSE NUMBER	CREDITS	COURSE TITLE
OTA434	2	Senior Capstone
OTA410	3	Skills and Transitions
OTA433	6	Level II, FW 4
OTA431	2	Level 1, FW 2
OTA305	3	Adult Development
OTA307	4	Physical Dysfunction
OTA301	2	Neuroscience
AH212	3	Medical Terminology
OTA432	6	Level II FW 3
OTA411	2	Health Sciences for the OTA, Ethics, Management, Leadership
OTA303	1	Integrated Studies I
AH390	1	Intro to APA
OTA330	2	Level 1, FW 1
OTA308	1	Integrated Studies II
OTA306	4	Behavioral Health
OTA300	3	Intro to Health Issues
OTA409	3	OT Settings
OTA412	1	Integrated Studies III
AH324/PE324	4	Kinesiology
OTA304	4	Early Development
BU480	3	Strategic Planning and Decision making
OTA302	3	Therapeutic Media

Free Elective Credits:

0

Internship or other Capstone Experience:

OTA303 1 Integrated Studies I OTA308 1 Integrated Studies II OTA412 1 Integrated Studies III OTA434 2
Senior Capstone OTA330 2 Level 1, FW 1 OTA431 2 Level 1, FW 2 OTA432 6 Level II FW 3 OTA433 6 Level
II, FW 4

Assurances

I certify that the program will not unnecessarily duplicate an existing program within the geographically applicable area.

I certify that the program will build upon existing programs and faculty expertise.



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I certify that the Institution has conducted research on the feasibility of the proposal and it is likely the program will be successful. Institutions' decision to implement a program shall be based upon demand and/or need for the program in terms of meeting present and future needs of the locale, state, and nation based upon societal needs, and/or student needs.

Contact Information

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Dixon

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CMU CURRICULUM CHANGE PROPOSAL: New or Revised Majors/Minors

New or Revised Majors/Minors Proposal Tracking Form

Proposal Name: Transition AAS OTA to Baccalureate OTA

Megan Hess

Division Chair submitting proposal

Click or tap here to enter text.

2nd Division Chair, if necessary

Step 1: The faculty member submits a completed proposal to the Division/Committee Chair for review at the next Divisional Meeting. The Division Chair must assure that the proposal is discussed and approved by divisional faculty. If more than one division is affected, all affected divisions must approve the proposal for submission. Once approved, the Division Chair emails the signed, dated proposal to the Chair of the Assessment Committee (AC).

2/26/2019 Date proposal submitted to the Division/Committee Chair(s) for division review.

3/18/2019 Date proposal submitted by the Division/Committee Chair to the AC.

Step 2: The AC will review the proposal to assure that appropriate data was identified indicating the need for the proposal. The AC will also review the proposal to assure that a plan for appropriate assessment of outcomes is included in the proposal.

Click or tap here to enter text. Date the AC sent the proposal back to the Division/Committee for revision.

OR

Click or tap here to enter text. Date AC approved proposal for review by the Academic Affairs Committee (AAC).

Step 3: The AAC reviews the proposal and either 1) approves the proposal for submission to the full Faculty for approval, 2) sends it back to the Division with recommendations for revision, or 3) denies approval of the proposal. If the proposal is approved, the AAC Chair assigns a Proposal Number, and provides the Provost's office with an official copy of the approved proposal.

Click or tap here to enter text. Date the AAC approved the proposal for consideration by the Faculty at the next Faculty Meeting and forwarded the proposal to the Provost's office.

OR

Click or tap here to enter text. Date the AAC sent the proposal back to the Division/Committee for revision.

OR

Click or tap here to enter text. Date the AAC denied approval for the proposal.

Step 4: The Provost's office adds the proposal to the agenda for the next Faculty Meeting. If approved, the proposal is submitted to the Registrar's office for subsequent action.

Click or tap here to enter text. Date the Faculty voted on the proposal: (checkmark the final decision)

Approved

Not Approved

Click or tap here to enter text. Date the Registrar completed any actions necessary to add the proposal to the curriculum.

CMU CURRICULUM CHANGE PROPOSAL: New or Revised Majors/Minors

FROM: Click or tap here to enter text.
(Note: must come from Division Chair)

PROPOSAL # Click or tap here to enter text.
(AYxx-## format. Completed by AAC Chair)

Click or tap here to enter text.
(2nd Division Chair, if necessary)

1 Click or tap here to enter text.
Major/Minor/Program Title

2 PROPOSAL TYPE (check all appropriate categories)

PROPOSING NEW MAJOR/MINOR

New Major/New Minor

Immediately following faculty approval of a new major, the department chair and faculty must consult with the Provost on the Missouri Department of Higher Education application. If this is not completed in a timely manner, the new major cannot be added to the catalog.

REVISING EXISTING MAJOR/MINOR

- Change Required Course(s) for the Major/Minor/Program
- Establish major/minor/program ONLINE
- Deactivate Course
- Reactivate Course
- Deactivate Major/Minor/Program
- Reactivate Major/Minor/Program
- Other (explain)

- Change Optional Course(s) for the Major/Minor/Program
- Change Major/Minor Grading System
- Change Major/Minor Assessment Plan
- Make Non-substantive Changes to existing Major/Minor
- Make Substantive Changes to existing Major/Minor
- Change Admission to the Major/Program
- Change Major/Minor/Program Required Credit Hours

3 If approved, proposed change(s) would become effective beginning AAS OTA would be taught out to any enrolled students. Fall 2019 would start admitting students to the BS OTA program. (semester & year).

4 GENERAL DESCRIPTION OF PROPOSAL Provide appropriate electronic attachment(s) to include, but not limited to: 1) Course Sequence or Required Courses, 2) Program or Major Outcomes, 3) Outcome Assessment Strategies, and 4) copies of ALL ADDITIONS OR CHANGES to catalog or website language.

For a NEW or REVISED MAJOR/MINOR (each of the following must be completed)

- A. General description of proposal: Transition the AAS: OTA to an OTA program at a baccalaureate level. OTA Baccalaureate Degree follows the general structure of the BSN program at CMU. The OTA program, initially adopted as an AS program, was developed to allow the program to easily shift into a BS program, once ACOTE released accreditation standards for that academic level. Proposed Timelines attached, approval from ACOTE required. Submission of documents to change program to BS level submitted to ACOTE in February. Proposed timeline attachment in One-Drive.
- B. Describe how the proposed major/minor implementation or revision supports the mission, vision, and/or strategic plan of the University. Transitioning to the baccalaureate degree will promote advancement of the occupational therapy profession by preparing students for higher level OT degrees (MSOT/OTD), there are currently seven Graduate OT programs in the state of Missouri. This degree fits with CMU's mission to integrate a liberal arts knowledge with academic specialties, technical skills and professional competencies. Transitioning from the 2-year degree to a 4-year degree promotes health through ethical, accountable, and efficient practice. This degree meets the expectation that traditional degree students can earn healthcare degree with high career return while enjoying the 4-year college experience.
- C. What is the assessment or other data that leads to the creation of this proposal?
 1. Source: The Accreditation Council for Occupational Therapy Education and The American Occupational Therapy Association adopted new standards. The 2018 ACOTE Standards will be effective July 31, 2020. Informal discussions with Program Directors from Graduate level OT programs support idea of a feeder program. Subjective feedback from visiting parents and students support this transition, refer to

CMU CURRICULUM CHANGE PROPOSAL: New or Revised Majors/Minors

attached email communication. "2/25/19: Thank you, Rebecca! I was excited when I first read your email but then followed up with Aaron (he's been working with us) and he says the scholarships can't stack. So if Anna takes the OTA scholarship, she cannot accept the deans or volleyball scholarships. {sigh} Someone needs to work on this so your OTA/PTA programs can be successful. My husband, daughter and I were very impressed with the program you've built! We really liked Kelly, loved your building and hearing about what Anna would do. We loved the small size and one-on-one attention Anna would receive. It's definitely where we most desire for her to go! You have something rare to offer in that a student can go away and have the college experience (most programs are at junior colleges). However, many students in Missouri can attend the junior colleges for free. Here in Illinois, it'd cost us \$13,000 total for Anna to receive her OTA degree from our local junior college. Currently, I don't believe we've found a way to get the cost under \$20k per year (tuition + room/board) at CMU. As strongly as we desire it, a cost difference that huge for the same degree can't be overlooked. Aaron is still working on it for us. I truly hope we are able to figure something out so Anna can attend CMU in the fall! I'll keep you posted if I hear good news from Aaron this week. :)"

2. Analysis of data: **A 4-year degree is a better fit for CMU, offers our students the opportunity to experience a 4-year university experience while moving towards a health care career with great career opportunity, and creates a feeder degree for MSOT/OTD programs in the state of Missouri. In addition, the cost of a CMU OTA degree is more competitive at the baccalaureate level.**
- D. Describe the employment outlook for graduates of this major at the state and national level. (Include information source) Growth rate is much faster than average, OTA jobs are projected to grow 28% from 2016 to 2026, 6,600 annual projected job openings, Median income of \$59,310, national employment 41,650. Students wishing to continue from the OTA-B degree into graduate OT programs can expect the same positive career outlook, OT is ranked at #11 with a medium starting salary at \$83,200, 31,000 projected job openings, and 0.5% unemployment rate. (US News and World Report, 2019)
- E. How will the proposed changes affect teaching load (preparation loads, credit hour loads, and contact hour loads)? **There will be 3 additional programmatic courses required to meet the BSOTA new standards.**
- F. Are additional full time or part time faculty required to implement this proposal? **An Additional FTE OTA will need to be hired to meet ACOTE Standard A.2.2 The program must have at least three full - time equivalent (FTE) faculty positions at each accredited location where the program is offered .**
- G. Are the current physical plant and equipment adequate to support the proposed changes? If not, what would be needed to provide adequate support for the proposal (include projected costs)? **Yes**
- H. Are there support service costs (accreditation, assessment, or the need for additional staff) associated with this proposal? **Accreditation**
- I. Will this proposal shift costs to or impact financially another department or division? If so, which one(s)? (If any, that Division Chair also needs to sign this form.) **No**
- J. How will the proposed change affect enrollment? (new students, improve retention?) **Attract students desiring a 4 year degree, improve retention, improve recruitment, expanded target audience.**
- K. How will the proposed change affect library acquisitions (print and electronic)? **Acquisition of additional/more robust medical research databases. This need is also being experienced by Athletic Training and Nursing (all programmatic levels) and discussion has been initiated with Cindy Dudenhoffer.**
- L. What are the program outcomes for this proposal? **Students will demonstrate knowledge in fundamentals of practice: Ethics, Safety, the structure and function of the human body & knowledge of common diseases and disorders treated by OT. Students will demonstrate knowledge in the basic tenets of occupational therapy: Philosophy, OTA Roles, Evidenced Based Practice Students will demonstrate knowledge in evaluation and screening techniques: Gathering data, administering assessments, interpretation of data, reporting client goals and status, establishing goals. Students will demonstrate knowledge in interventions: Planning, Selection, Implementing, Activity Analysis, Therapeutic Use of Self, Modifications Students will demonstrate good communication skills: Use of verbal/nonverbal communication with clients and families, written communication, the ability to document OT services to ensure accountability and to meet standards for reimbursement Students will be able to identify**

CMU CURRICULUM CHANGE PROPOSAL: New or Revised Majors/Minors

components of professional behavior in the clinic and work setting: Self-responsibility, responsive to feedback, consistent work behaviors, effective time management, positive interpersonal skills, and cultural competence demonstrating respect for diversity factors of others. Demonstration of Scholarship: Students will complete a capstone research/presentation project in one of the following special OT topics: clinical practice skills, administration, leadership, advocacy, or education.

- M. Describe the measures for assessing the achievement of the program outcomes. The **Course Objective Achievement Report** is used to measure course specific assessments designed to meet ACOTE B-Standards, The AOTA Fieldwork Performance Evaluation for the OTA Student is used to measure the student's entry-level competence. It is administered in the final semester of the program. It is a Pass/Fail assessment. The OTKE is used to assess a student's occupational therapy knowledge and skills in advance of setting specific fieldwork goals. It is an online, cohort-based 100-item test designed exclusively for OT program directors to assist with analyzing students' performance related to the validated domain and task statements for entry-level practice. The Practice NBCOT Exams assesses student knowledge in a format using the same methodology as the actual NBCOT exam students will take to receive formal certification, required for practice. NBCOT reports are provided by the National Board for Certification in OT with program results.
- N. Will this program/major be offered in CGES? Yes No If yes, how will it affect CGES? Click or tap here to enter text.

5 UNIVERSITY OUTCOMES

Principles	Outcomes	Higher Order Outcomes
Communication	Articulate - Students are articulate, able to speak and write clearly.	Professional - Students are professional, able to adapt and interact with others in a responsible and engaged manner.
	Multimodal - Students are able to interpret and express ideas through multiple modes of communication.	
Curiosity	Discover - Students can discover, explore, and seek solutions based on prior knowledge and current research.	Create - Students can create and innovate using critical thinking and collaboration skills.
	Analyze - Students can analyze, evaluate, interpret, and summarize data.	
Community	Serve - Students will serve others and be ethical and informed citizens.	Lead - Students will lead creatively and collaboratively to produce positive change in the world.
	Respect - Students will understand and respect diversity, including other's viewpoints, positions, and beliefs.	

- A. Which University outcomes are addressed/demonstrated by successful completion of this major/program? (Refer to the chart above as reference. May also refer to the Assessment Handbook on the website.) **Communication:** Students will be able to articulate in a professional manner in the program and for potential higher level degree pursuits, scholarship, and career. Students are encouraged to discover a career in the sciences, develop critical thinking skills, and work as a multidisciplinary team. Students graduate with an understanding of cultural competence, cultural responsiveness, cultural humility, cultural intelligence, and cultural safety.
- B. Please provide a curricular map as an attachment to this proposal that aligns University outcomes and programmatic outcomes with specific courses and course objectives. See Attachment, https://livecentralmethodist-my.sharepoint.com/:f/g/personal/rfenton_centralmethodist_edu/EufXGPkAAzBjKvUlxUulMcBwJjt0KMhfxvMfqHRASL_LA?e=gLBFNz
- C. Describe the measures for assessing the achievement of the program outcomes. See Attachments: Program outcomes are assessed via the Fieldwork Performance Evaluation for the OTA, this assessment measures six areas of student performance. Three post-graduate surveys are utilized to assess graduate outcomes. The Occupational Therapy Knowledge Assessment is utilized to measure how the CMU OTA program student

CMU CURRICULUM CHANGE PROPOSAL: New or Revised Majors/Minors

performance compares nationally to other OTA programs. The National Board of Occupational Therapy provides assessment of school performance, The program's passing percent data is calculated on the number of New Graduates who passed the NBCOT exam regardless of the number of attempts during the testing year to meet ACOTE's reporting standard. Post Graduate surveys are distributed to measure employer and student satisfaction: OTA Graduate Employer Survey, OTA Advisory Board Survey.

OTA-B Degree Plan Options

Freshman (General EDS. 31 Credit Hours)					
ACT sub-scores in Math and English Reading and Comprehension ≥ 20 required. If math or English sub-score <20 , each area requires a 2-course sequence at the basic college level. General education courses with an * are required courses in the OTA-B.					
Fall			Spring		
Course	Course Title	Cr	Course	Course Title	Cr
CMU101	College Entrance Experience	1	EN222	Literature	3
PY101	General Psychology	3	AH100	Introduction to Occupational Therapy	2
EN110/EN111	College Comp I & II	3(6)	MA105*	Statistics (ACOTE standard b.6.2)	3
RL122	Religion & the Human Adventure	3	BI107*	Anatomy with Lab	5
MA103	College Algebra	3	CMU102	IPE Health Professions (Introduction to the Multidisciplinary Healthcare Team)	1
BI101*	General Biology	3		TOTAL	14
	TOTAL	16			
Sophomore OTA Educational Tracks 28-29 Credits					
OPTION A: PREPROFESSIONAL 29 Credit Hours (scholarship and clinical practice) OPTION B: CHILD DEVELOPMENT 28 Credit Hours (clinical practice skills and education) OPTION C: HEALTH CARE MANAGEMENT 29 Credit Hours (administration, leadership, advocacy) OPTION D: EXERCISE SCIENCE 28 Credit Hours (clinical practice skills, education) OPTION E: PSYCHOLOGY 28 Credit Hours (clinical practice skills, education) OPTION F: PUBLIC ADMINISTRATION 29 Credit Hours (administration, leadership, advocacy, education) OPTION G: RESEARCH & WRITING 29 Credit Hours (scholarship, clinical practice skills, leadership, advocacy, education) OPTION H: MUSIC THERAPY AND EDUCATION OPTION I: APPLIED BEHAVIOR ANALYSIS					
CT101	Public Speaking	3	PY301	Abnormal Psychology*	3
AH212	Medical Terminology	3	AH390	Intro to APA	1
BI205*	Physiology with Lab	5		Course Track choice	
PY223*	Human Development	3		Course Track Choice	
Gen Ed required courses and Focused Track coursework complete with a 3.0 GPA, a science sub-GPA of 2.7, and TEAS scores ≥ 60 are eligible for consideration for admission to the OTA Program PLEASE NOTE: there is a FALL start for OTA Program Coursework 61 Credit Hours					
* If possible, take EN305/306 prior to start of program.					
Junior					
Semester 1			Semester 2		
EN305/306*	Expository Writing/Technical Writing	3	OTA304	OT Fundamentals and Practice I: Early Development	4
AH324 or PE324*	Anatomy and Kinesiology	4	OTA305	OT Fundamentals and Practice II: Adult Development	3
OTA300	OT Foundations: Introduction to health Issues and Occupational Performance	3	OTA306	OT Fundamentals and Practice III: Interventions and Tools in Behavioral Health	4
OTA301	OT Foundations: Neuroscience Principles	2	OTA307	OT Fundamentals and Practice IV: Physical Dysfunction and Rehabilitation	4
OTA302	OT Foundations: Therapeutic Media and Design	3	OTA308	Bacc Project 2	1
OTA303	Bacc Project 1	1	OTA330	Level 1A, FW #1	2
	TOTAL	16		TOTAL	18
Senior					
Semester 3			Semester 4		
OTA409	OT Practice: Settings, Outpatient, Inpatient, and Community	3	OTA432	Level IIA, Fieldwork #3	6
OTA410	OT Practice: Professional Skills and Transitions	3	OTA433	Level IIB, Fieldwork #4	6
OTA411	OT Practice: Health Sciences for the OTA: Ethics, Management and Leadership	2	OTA413	NBCOT Prep	1
OTA412	Bacc Project 3	1			
HS420	Case Studies in Managerial Integrity	3			
OTA431	Level 1B, Fieldwork #2	2			
	TOTAL	14		TOTAL	13

OTA-B Degree Plan Options

The purpose of providing the student with multiple degree tracks options during their sophomore year is to allow the student to match their degree to career setting interests while also preparing for the OTA-B Baccalaureate Project (ACOTE Standard D.1.0), which is completed in courses OTA303, 308, & 412.

ACOTE Standard D.1.0. states, "the goal of the baccalaureate project is to provide an in-depth experience in one or more of the following:

- clinical practice skills,
- administration,
- leadership,
- advocacy, and
- education.

The individual or group project allows student(s) to demonstrate application of knowledge gained. The baccalaureate project shall be an integral part of the program's curriculum design.

Students must meet any course prerequisites.

OTA-B Degree Plan Options

OPTION A					
Sophomore					
Preprofessional (MSOT) Track (28)					
	Prerequisites				
BI101	Biology with Lab	4			1
PH111	Intro to Physics with Lab	4	SO 101, 102	Intro to Sociology	3
	TOTAL	16		TOTAL	12
MSOT General Education Requirements for OT programs in the Missouri include: Human Anatomy and Physiology with Labs, Abnormal Psychology, Lifespan Development, Intro to Sociology or Anthropology, Statistics, Medical Terminology, General Biology/Biomedical sciences with Lab, Kinesiology, Developmental Psychology, *Algebra-Based Physics with Lab, *Intro to Chemistry.* These courses are required for Missouri State only.					

OPTION B					
Sophomore					
Emphasis in Child Development & Education Track (28)					
	Prerequisites				
ED101	Foundations of Education	3	ED313/SE345	Classroom and Behavior Management	1
ED102	Field Experience I	1	ED315	Reading and Writing with Children	3
ED103	Childhood Development	2	ED264	Child Health	2
	TOTAL	14		TOTAL	14
Students may substitute courses or add from the following recommendations: PY342 & 343 Psychology of the Exceptional Child and Practicum (3), ED204 Utilizing Family and Community Resources (3), ED332 & 333 Screening and Diagnosis and Practicum (3), SE203 Intro to Special Education (3), EDUC 212 or 122 Education Technology (2) Educational Technology (3), EN312 English Language and Linguistics (3), Substitutions or additions may affect total credit hours.					

OPTION C					
Sophomore					
Emphasis in Health Care Management Track (29)					
	Prerequisites				
HS304	Health Care Law	3	HS314	Insurance, Coding, and Billing	1
HS110	Concepts in Health Care Management	3	HS400	Health Care Informatics	3
			HS410	Client Education and Health Care	3
	TOTAL	14		TOTAL	15
Students may substitute courses or add from the following recommendations: MG354 Principles of Management, MG356 Human Resource Management, MK330 Intro to Marketing, PL306 Ethics and the Professions (3), EC314 Managerial Economics (3) Prerequisite: EC202 or instructor's permission.					

OPTION D					
Sophomore					
Emphasis in Exercise Science Track (28)					
	Prerequisites				
EX203	Introduction to Exercise Science	3	PE221	Psychology and Sociological Aspects of Physical Education	3
PE210	Personal and Community Health	3	PE216	Nutrition and Athletic Performance	3

OTA-B Degree Plan Options

			EX327	Physiology of Exercise	3
	TOTAL	13		TOTAL	15

Students may substitute courses or add from the following recommendations:
 PE217 Foundations of Physical Education (3), PE328 Adapted Physical Education, (3), ED370HE Methods of Teaching Health and Care of Injuries (2)

OPTION E

Sophomore Emphasis in Psychology Track (29)

	Prerequisites				
PY211	Psychology of personal Adjustment	3	PY324	Social Psychology	3
PE221	Psychology and Sociological Aspects of Physical Education	3	PY301	Abnormal Psychology	3
			PY348	Health Psychology	3
	TOTAL	14		TOTAL	15

Students may substitute courses or add from the following recommendations:
 PY331 Research and Design and Analysis in Social Sciences (3), PY332 (3) Cognitive Processes and Applications, PY321 Family Relationships and Values (3), PY342/343 Psychology of the Exceptional Child, PY346 Sensation and Perception (3), PL290 Special Topics Happiness

OPTION F

Sophomore Emphasis in Public Administration Track (29)

	Prerequisites				
ECO101	General Economics	3	SOC102	Social Problems (rotation)	3
PS/CJ330	Principles of Public Administration	3	SO302	Urban and Rural Sociology (online)	3
			EC302	Economics of Public Policy	3
	TOTAL	14		TOTAL	15

Students may substitute courses or add from the following recommendations:
 CJ118 Juvenile Justice (3) CJ100 Intro to CJ, (3), PS333 Public Policy Analysis (3), SO324 (Social Psychology) (3), SO350 Social Theory (3)

OPTION G

Sophomore Emphasis in Research and Writing Track (29)

	Prerequisites				
PL102	Critical Thinking	3	PY331/CT331	Research Design and Data Analysis in the Social Sciences/Research Design and Data Analysis	3
EN305/305	Expository Writing/ Technical Writing	3	EN312	English Language and Linguistics	3
			LIST	STUDENT CHOICE	3
	TOTAL	14		TOTAL	15

Students may substitute courses or add from the following recommendations:
 SC331 Research Methods, EN409 Writing Research and Theory, EN350 Special Topics, EN211 Grammar for Educators, EN320 Inscape: Journal Editing and Publication, EN409 Writing Research and Pedagogy, Digital Citizenship, CMU190 Special Topics our Digital World (1), Digital Citizenship (1), 300 level business writing. Cindy Research 300 Level ask, Library Skills Course (?)

OTA-B Degree Plan Options

OPTION H					
Sophomore					
Emphasis in Therapeutic use of Music and the Arts (29)					
	Prerequisites				
MU188	Music Appreciation	3	MU321	Music History 1	3
MU107	The Theory and Practice of Music I	3	MU335	Instrumentation	2
			MU145	History of Jazz	3
	TOTAL	14		TOTAL	14

Students may take an ensemble class (band, choir, praise band, jazz band, etc.) and/or applied lessons in their performance area.
 MU107/108/207 The theory and practice of music I, II, III
 MU117/118/217 Aural Skills I, II, III

OPTION I					
Sophomore					
Emphasis Applied Behavior Analysis (28)					
	Prerequisites				
BH321	Introduction to Applied Behavior Analysis	3	BH421	Behavior Assessment	3
BH325	Professionalism in Applied Behavior Analysis	2	BH423	Behavior Change Procedures	4
			BH426	Research and Data Analysis	2
	TOTAL	13		TOTAL	15

BH427 Leadership and management in Applied Behavior Analysis. (1)

CENTRAL METHODIST UNIVERSITY
DEGREE PLAN - BACHELOR OF SCIENCE IN OTA

DATE _____

I.D. _____

NAME _____
Name as to appear on Diploma

SIGNATURE DIVISION CHAIR _____

SIGNATURE OF STUDENT _____

EXPECTED GRADUATION DATE _____

SIGNATURE OF REGISTRAR _____

SIGNATURE OF ADVISOR _____

		Hrs	Semester Complete	NAME OF MAJOR FIELD: <u>BS-OTA</u>							
THE COMMON CORE (30)											
FOUNDATIONS (14 hrs)			if 300	PROFESSIONAL PROGRAM REQUIREMENTS (63)			if 300				
CMU101		1	0	Course	Hrs.	if 300	Complete	Course	Hrs.	if 300	
CMU102 IPE Health Professions		1	0	AH212 Medical Terminology	3	0	*	OTA409 OT Settings	3	0	*
EN120		3	0	AH390 Intro to APA	1	0		OTA410 Skills and Transitions	3	0	*
CT101		3	0	AH324/PE324 Kinesiology	4	0		OTA411 Health Sciences for the OTA, Ethics, Management, Leadership	2	0	*
EN305 or EN306		3	0	OTA300, Intro to Health Issu	3	0	*	OTA412 Integrated Studies III	1	0	*
MA103 (or MA103) or higher or MA101/102 (3 or 5)		3 (5)	0	OTA301, Neuroscience	2	0	*	BU480 Strategic Planning and Decision making	3	0	*
	Subtotal	0	1	OTA302 Therapeutic Media	3	0	*	OTA431 Level 1, FW2	2	0	*
UNDERSTANDING HUMAN NATURE (12 hrs)				OTA303 Integrated Studies I	1	0	*	OTA432 Level II FW 3	6	0	*
RL122		3	0	OTA304 Early Development	4	0	*	OTA433 Level II, FW 4	6	0	*
HI117 or HI118 or HI307 or PS101		3	0	OTA305 Adult Development	3	0	*	OTA434 Senior Capstone	2	0	
EN222		3	0	OTA306 Behavioral Health	4	0	*	Total	28	0	8
SO 101,102, or 150		3	0	OTA307 Physical Dysfunction	4	0	*	ADDITIONAL COURSEWORK hrs ## sem.			
CMU social sciences requirement	Subtotal	0		OTA308 Integrated Studies II	1	0		_____	_____	_____	_____
EXPLORING THE NATURE OF THE UNIVERSE (4 hrs)				OTA330 Level 1, FW 1	2	0		_____	_____	_____	_____
BI101 w/ lab		4	0	Total	35			_____	_____	_____	_____
	Subtotal	0		TOTAL HOURS		0	121	_____	_____	_____	_____
PROFESSIONAL GENERAL EDUCATION REQUIREMENTS (28)				TOTAL 300+ LEVEL		0		_____	_____	_____	_____
PY101 Gen Psych		3	0	300+ LEVEL IN MAJOR		0		_____	_____	_____	_____
MA105 Statistics		3	0	Cumm. GPA			(2.0 min)	_____	_____	_____	_____
	Standard B.6.2			Notes:				_____	_____	_____	_____
BI107 Anatomy w/ lab		5	0					_____	_____	_____	_____
BI205 Physiology w/ lab		5	0					_____	_____	_____	_____
PH111 Intro to Physics/Lab		4	0					_____	_____	_____	_____
Psy223 Human Development		3	0					_____	_____	_____	_____
PY301 Abnormal Psy		3	0					_____	_____	_____	_____
OTA100 Intro to OT		2	0					_____	_____	_____	_____
	Subtotal							_____	_____	_____	_____
Total		58	0					_____	_____	_____	_____

Central Methodist University Student Learning Outcomes	Outcomes for the OTA Graduate (American Council for Occupational Therapy Education, 2020)	
The dynamic nature of contemporary health and human services delivery systems requires the occupational therapy assistant to possess basic skills as a direct care provider, educator, manager, leader, and advocate for the profession and the consumer. These characteristics and skills align with Central Methodist Universities Learning Principles: Communication, Curiosity, and Community.		
Communication	Articulate: able to speak and write clearly and effectively.	Effectively communicate and work interprofessionally with all who provide services and programs for persons, groups, and populations.
	Multimodal: able to interpret and express ideas through multiple modes of communication.	Achieve entry-level competence through a combination of didactic and fieldwork education. Be prepared to advocate as a professional for access to occupational therapy services offered and for the recipients of those services.
	Professional: able to adapt to and interact with others in a confident, responsible, and engaged manner	Articulate and apply occupational therapy principles and intervention tools to achieve expected outcomes as related to occupation. Understand and articulate the distinct roles and responsibilities of the occupational therapist and the occupational therapy assistant in the supervisory process for service delivery. Effectively collaborate with occupational therapists in service delivery. Demonstrate the ability to effectively use technology to analyze, manage, and communicate data information, which must include: •Electronic documentation systems •Virtual environments •Telehealth technology
Curiosity	Discover: explore, and seek solutions based on accumulated knowledge and current research.	Be a lifelong learner to keep current with evidence-based professional practice.
	Analyze: evaluate, interpret, and summarize data	Demonstrate the ability to synthesize in-depth knowledge in a practice area through the development and completion of a baccalaureate project in one or more of the following areas: clinical practice skills, administration, leadership, advocacy, and education.

	<p>Create: innovate using critical thinking and collaborative skills.</p>	<p>Understand and demonstrate theory as it applies to practice.</p> <p>Be able to apply evidence-based occupational therapy interventions to address the physical, cognitive, functional cognitive, psychosocial, sensory, and other aspects of performance in a variety of contexts and environments to support engagement in everyday life activities that affect health, well-being, and quality of life, as informed by the Occupational Therapy Practice Framework</p> <p>Demonstrate active involvement in professional development, leadership, and advocacy.</p>
Community	<p>Serve: serve others and be ethical and informed citizens</p>	<p>Be educated as a generalist with a broad exposure to the delivery models and systems used in settings where occupational therapy is currently practiced and where it is emerging as a service in the communities in which they will practice.</p> <p>Have acquired an educational foundation in the liberal arts and sciences, including a focus on issues related to diversity.</p>
	<p>Respect: understand and respect diversity, including other's viewpoints, positions, and beliefs.</p>	
	<p>Lead: understand and respect diversity, including other's viewpoints, positions, and beliefs.</p>	<p>Be prepared to articulate and apply therapeutic use of occupations with persons, groups, and populations for the purpose of facilitating performance and participation in activities, occupations, and roles and situations in home, school, workplace, community, and other settings, as informed by the Occupational Therapy Practice Framework</p> <p>Uphold the ethical standards, values, and attitudes of the occupational therapy profession.</p>

References

American Council for Occupational Therapy Education. (2020, 31 July). 2018 ACOTE Standards and Interpretive Guide. Bethesda, MD.

AAS in Occupational Therapy Assistant

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Associate of Applied Science Occupational Therapy Assistant

CT101 (oral communication) (3)

EH110 (written communication) (3)

PS101 (Social Science with Constitution) (3)

2 courses from the following prefixes (7-8 hours)

BI, BA, CH, FHL, GL, AS, ES, AH

1 course from the following prefixes (3 hours)

CJ, CT, EC, HL, FS, PY, SO

Suggested course of study:

Fall - Pre-OTA, General Education and Prerequisites* (14)

BI 109*	Anatomy and Physiology of the Lab	5
PS101*	General Psychology	3
PH324*	Kinesiology, Dynamics of Human Movement	4
PH102*	Introduction to Occupational Therapy	2

Core OTA Courses

Spring - Semester I (15)

OTA100	Introduction to Health Issues and Occupational Performance	3
OTA101	OT Foundations: Neuroscience Principles	2
OTA102	OT Foundations: Therapeutic Media and Design	3
OTA103	Practice Skills: Foundations Integrated	1
EH110	College Composition	3
CT101	Public Speaking	3

Fall - Semester II (16)

OTA104	OT Fundamentals and Practice I: Early Development	4
OTA105	OT Fundamentals and Practice II: Adult Development	3
OTA106	OT Fundamentals and Practice III: Interventions and Tools in Behavioral Health	4
OTA107	OT Fundamentals and Practice IV: Physical Dysfunction and Rehabilitation	4
OTA106	Practice Skills: Fundamentals Integrated	1
OTA130	Level I, Fieldwork #1 (50 Hours)	2

Spring - Semester III (14)

OTA209	OT Practice: Settings, Outpatient, Inpatient, and Community	3
OTA210	OT Practice: Professional Skills and Transitions	3
OTA211	OT Practice: Health Sciences for the OTA: Ethics, Management and Leadership	2
OTA212	Practice Skills: OT Practice Integrated	1
OTA231	Level I, Fieldwork #2 (2 Weeks)	2
PS101	Social Science with Constitution	3

Fall - Semester IV (13)

OTA213	NECOT Prep	1
OTA232	Level II, Fieldwork #3 (3 week)	6
OTA233	Level II, Fieldwork #4 (3 week)	6

Total Credit Hours **74**

*These courses must be completed prior to Core OTA Program Coursework. Anatomy and Physiology must be completed in the first two years and the student must have earned a grade of "B" or better. For students wishing to progress on to a Master's in Occupational Therapy it is suggested that Anatomy & Physiology be completed separately.

Graduates are eligible to sit for the national certification examination for the occupational therapy assistant administered by the National Board for Certification in Occupational Therapy (NBCOT). After successful completion of this exam, the individual will be a Certified Occupational Therapy Assistant (COTA). In addition, most states require licensure in order to practice; however, state licenses are usually based on the results of the NBCOT Certification Examination. Note that a felony conviction may affect a graduate's ability to sit for the NBCOT certification examination or attain state licensure.

Students must complete all graduation and fieldwork requirements in a timely manner. Students are required to complete Level II fieldwork within 18 months following completion of the didactic portion of the program.

NOTE: Students must complete all graduation and fieldwork requirements in a timely manner. Students must complete Level II fieldwork within 18 months following completion of the didactic portion of the program.

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We want to be sure of students to ensure their classes meet their needs. We can help you find the right class for you. If you have any questions, please contact the Registrar's Office.

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