



DEPARTMENT OF  
HIGHER EDUCATION &  
WORKFORCE DEVELOPMENT

## New Program Report

**Date Submitted:**

06/13/2023

**Institution**

Central Methodist University

**Site Information**

**Implementation Date:**

8/1/2022 12:00:00 AM

**Added Site(s):**

**Selected Site(s):**

Central Methodist University, 411 Central Methodist Sq., Fayette, MO, 65248

**CIP Information**

**CIP Code:**

512212

**CIP Description:**

A program that focuses on the biological, behavioral, and socio-cultural determinants of health and health behavior, and the interventions and policies aimed at improving community and population health. Includes instruction in behavioral sciences, public health practice and policy, human services, and research methods.

**CIP Program Title:**

Behavioral Aspects of Health

**Institution Program Title:**

Bachelor of Behavioral Health

**Degree Level/Type**

**Degree Level:**

Bachelor's Degree

**Degree Type:**

Bachelor of Science

**Options Added:**

**Collaborative Program:**

N

**Mode of Delivery**

**Current Mode of Delivery**

Online

**Student Preparation**

**Special Admissions Procedure or Student Qualifications required:**

No special admissions procedures.



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## New Program Report

Specific Population Characteristics to be served:

n/a

### Faculty Characteristics

Special Requirements for Assignment of Teaching for this Degree/Certificate:

No special requirements. Faculty teaching in this program will have a master's degree or higher with 18 -graduate hours in the discipline as required by HLC.

Estimate Percentage of Credit Hours that will be assigned to full time faculty:

75% (Some CGES Online Faculty will be adjuncts.)

Expectations for professional activities, special student contact, teaching/learning innovation:

Not applicable.

### Student Enrollment Projections Year One-Five

Year 1	Full Time: 2	Part Time: 2	
Year 2	Full Time: 3	Part Time: 5	
Year 3	Full Time: 3	Part Time: 5	Number of Graduates: 2
Year 4	Full Time: 3	Part Time: 5	
Year 1	Full Time: 2	Part Time: 2	
Year 2	Full Time: 3	Part Time: 5	
Year 3	Full Time: 3	Part Time: 5	Number of Graduates: 2
Year 4	Full Time: 3	Part Time: 5	
Year 5	Full Time: 3	Part Time: 5	Number of Graduates: 10

### Percentage Statement:

n/a

### Program Accreditation

Institutional Plans for Accreditation:

No special accreditation is needed nor will be sought.

### Program Structure

#### Total Credits:

120

#### Residency Requirements:

Candidates for a baccalaureate degree must complete at least 30 of the last 36 hours of credit in residence at Central Methodist University.

#### General Education Total Credits:

44



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**Major Requirements Total Credits:**

55

**Course(s) Added**

COURSE NUMBER	CREDITS	COURSE TITLE
PY351	3	Introduction to Counseling
BEH215	3	Motivational Interviewing
BEH310	3	Client Assessment
BEH268	3	Internship I
BEH300	3	Professional Practice in Behavioral Health
BEH320	3	Community Assess. & Prog. Dev
AH205	1	Orientation to APA Format
BEH240	3	Legal/Ethical Issues
BEH230	3	Wellness Coaching
BEH468	3	Internship II
PY301	3	Abnormal Psychology
BEH225	3	Systems of Care/Support
BEH210	3	Diagnosis of Identified Populations
BEH480	3	Capstone Project
BEH200	3	Introduction to Behavior Health
BEH205	3	Evidence Based Treatments
BEH235	3	Conflict Resolution
BEH220	3	Substance Use Disorders
PY348	3	Health Psychology

**Free Elective Credits:**

21

**Internship or other Capstone Experience:**

BEH480-Capstone. This course builds on the concepts of past behavior health courses and allows the student the opportunity to apply these concepts through an individualized capstone project. The student will be required to develop an evidence-based project based on their final internship course. This flexible approach to learning allows the student the opportunity to develop expertise in a selected area of practice.

**Assurances**

I certify that the program will not unnecessarily duplicate an existing program of another Missouri institution in accordance with 6 CSR 10-4.010, subsection (9)(C) Submission of Academic Information, Data and New Programs.

I certify that the program will build upon existing programs and faculty expertise.



## **New Program Report**

I certify that the institution has conducted research on the feasibility of the proposal and it is likely the program will be successful. Institutions' decision to implement a program shall be based upon demand and/or need for the program in terms of meeting present and future needs of the locale, state, and nation based upon societal needs, and/or student needs.

### Contact Information

First and Last Name: Deborah  
Dixon

Email: [ddegan@centralmethodist.edu](mailto:ddegan@centralmethodist.edu)

Phone: 660-264-0025

# Behavioral Health

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## Bachelor of Behavioral Health Mission:

The goal of the Bachelor of Behavioral Health program is to provide students the opportunity to expand knowledge and skills necessary to provide behavioral support services within their own communities. This knowledge is acquired within a liberal arts experience which emphasizes honesty, integrity, civility, and a strong sense of personal responsibility. Students will use evidence-based practices to diagnose, treat, and support clients and families in crisis. Students will also develop the necessary skills to effectively communicate with clients, families, and interdisciplinary team members. Program graduates will be prepared to assist and support community clients and their families in a professional and caring manner as part of an interdisciplinary team.

This program does not lead to certification or licensure.

## Bachelor of Behavioral Health Outcomes:

The Bachelor of Behavioral Health graduate will be able to:

- Demonstrate leadership skills evidenced by collaboration as a member of the interdisciplinary team.
- Develop research questions, critically analyze research data, and apply research evidence to practice.
- Demonstrate appropriate use of technology to analyze, manage, and communicate data with clients, families, and the interdisciplinary team.
- Incorporate the principles of therapeutic communication and client education into practice.
- Identify system facilitators and barriers to improving the health of individuals, families, and communities, and participate in the improvement of local, state, and federal behavior health programs.
- Provide care in an ethical manner demonstrated by:
  - acceptance of all client cultures and beliefs;
  - providing effective, efficient, equitable, and accessible care for all clients; and
  - advocating for clients and their families.

## Grades:

Student's must earn a C or better in all BEH prefix courses.

## Majors and Minors

Major    Minor

Bachelor of Behavioral Health

## Courses

- BEH200 - Introduction to Behavior Health - 3 Semester Hours
- BEH205 - Evidence Based Treatments - 3 Semester Hours
- BEH210 - Diagnosis of Identified Populations - 3 Semester Hours
- BEH215 - Motivational Interviewing - 3 Semester Hours
- BEH220 - Substance Use Disorders - 3 Semester Hours
- BEH225 - Systems of Care/Support - 3 Semester Hours
- BEH230 - Wellness Coaching - 3 Semester Hours
- BEH235 - Conflict Resolution - 3 Semester Hours
- BEH240 - Legal/Ethical Issues - 3 Semester Hours
- BEH268 - Internship I - 3 Semester Hours
- BEH300 - Professional Practice in Behavior Health - 3 Semester Hours
- BEH310 - Client Assessment - 3 Semester Hours
- BEH320 - Community Assessment and Program Development - 3 Semester Hours
- BEH468 - Internship II - 3 Semester Hours
- BEH480 - Capstone Project - 3 Semester Hours

Last updated: 09/16/2022

We want to empower students to manage their classes easily and quickly, so that they can focus on what matters most: a quality education. That's why we have dedicated ourselves to Central Methodist University.

> Catalog

## General Information Links

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- Grading, Academic Recognitions and Sanctions
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- Degree Plans (myCMU)

Central Methodist University

✉ provost@centralmethodist.edu