



## New Program Report

**Date Submitted:**

05/19/2020

**Institution**

Drury University

**Site Information**

**Implementation Date:**

8/17/2020 12:00:00 AM

**Added Site(s):**

**Selected Site(s):**

Drury University, 900 N. Benton Avenue, Springfield, MO, 65802

**CIP Information**

**CIP Code:**

511508

**CIP Description:**

A program that prepares individuals to provide evaluations, referrals, and short-term counseling services to help people prevent or remediate personal problems, conflicts, and emotional crises. Includes instruction in human development, psychopathology, individual and group counseling, personality theory, career assessment, patient screening and referral, observation and testing techniques, interviewing skills, professional standards and ethics, and applicable laws and regulations.

**CIP Program Title:**

Mental Health Counseling/Counselor

**Institution Program Title:**

Psychology--Resilience and Performance Optimization

**Degree Level/Type**

**Degree Level:**

Bachelor's Degree

**Degree Type:**

Bachelor of Science

**Options Added:**

Collaborative Program:

N

**Mode of Delivery**

Current Mode of Delivery

Hybrid

**Student Preparation**

Special Admissions Procedure or Student Qualifications required:

N.A.



## New Program Report

Specific Population Characteristics to be served:

n/a

### Faculty Characteristics

Special Requirements for Assignment of Teaching for this Degree/Certificate:

Preferred Qualifications:

- Doctoral degree in a field related to psychology.

Minimum Qualifications for Adjuncts Without a Terminal Degree:

- Master's degree in a related field.
- If masters is not in a related field, additional 18 course hours in related field.
- Recent college level teaching experience demonstrating expertise in the given content area.

Estimate Percentage of Credit Hours that will be assigned to full time faculty:

None of the courses will be taught by full time faculty.

Expectations for professional activities, special student contact, teaching/learning innovation:

Faculty are expected to engage in professional activities in their fields, show demonstrated leadership, and/or have a record of achievement to enhance practitioner status.

### Student Enrollment Projections Year One-Five

<b>Year 1</b>	<b>Full Time: 5</b>	<b>Part Time: 10</b>	
<b>Year 2</b>	<b>Full Time: 10</b>	<b>Part Time: 15</b>	
<b>Year 3</b>	<b>Full Time: 10</b>	<b>Part Time: 20</b>	<b>Number of Graduates: 5</b>
<b>Year 4</b>	<b>Full Time: 10</b>	<b>Part Time: 30</b>	
<b>Year 5</b>	<b>Full Time: 10</b>	<b>Part Time: 40</b>	<b>Number of Graduates: 35</b>

### Percentage Statement:

n/a

### Program Accreditation

Institutional Plans for Accreditation:

N.A.

### Program Structure

#### Total Credits:

124

#### Residency Requirements:

Students must complete the last 30 hours of their degree in residence

#### General Education Total Credits:

42

#### Major Requirements Total Credits:

42

#### Course(s) Added



## New Program Report

COURSE NUMBER	CREDITS	COURSE TITLE
PSYC 110	3	Stress Management
BSCI 272	3	Methods in Social Science Research
PSYC 350	3	Violence, Trauma, and Moral Injury
PSYC 375	3	Psychology of Addiction Issues
PSYC 300	3	The Biology of Behavior
PSYC 300	3	Psychological Resilience
PSYC 310	3	Positive Psychology
PSYC 334	3	Abnormal Psychology
BSCI 274	3	Statistical Foundations for Behavioral Sciences
SOCI 201	3	Sociology of the Family
PSYC 222	3	Applied Psychology
BSCI 495	3	Senior Capstone
LDST 331	3	Negotiation and Conflict Resolution
PSYC 315	3	Group Dynamics and Team Processes

**Free Elective Credits:**

0

**Internship or other Capstone Experience:**

BSCI 495 Senior Capstone

**Assurances**

I certify that the program will not unnecessarily duplicate an existing program within the geographically applicable area.

I certify that the program will build upon existing programs and faculty expertise.

I certify that the institution has conducted research on the feasibility of the proposal and it is likely the program will be successful. Institutions' decision to implement a program shall be based upon demand and/or need for the program in terms of meeting present and future needs of the locale, state, and nation based upon societal needs, and/or student needs.

Contact Information

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## **Curriculum Requirements Page for the Academic Catalog**

### **Psychology - Resilience and Performance Optimization**

The Psychology-RPO major focuses on helping individuals, teams, and organizations perform at their best, achieve goals, and overcome obstacles that can impede performance. The major introduces students to the factors that help people cope with stress, enhance their resiliency, and perform at their highest levels, and these factors can be applied to performance in the military, law enforcement, business, mental health fields, or any other domain with a performance component. The major also explores the ways in which traumatic events are experienced and the range of posttraumatic reactions. The program concludes with a capstone experience where students research a topic that speaks directly to their interests, professional goals, or occupation.

#### **Bachelor of Science**

#### **Psychology – Resilience and Performance Optimization**

The Psychology-RPO major requires 42 credit hours of coursework.

*All prerequisites must be completed prior to enrollment in the following courses.*

PSYC 110 Stress Management I 3 hrs.

PSYC 222 Applied Psychology 3 hrs.

PSYC 300 Psychological Resilience 3 hrs.

PSYC 310 The Biology of Behavior 3 hrs.

PSYC 312 Positive Psychology 3 hrs.

PSYC 315 Group Dynamics and Team Processes 3 hrs.

PSYC 334 Abnormal Psychology 3 hrs.

PSYC 350 Violence, Trauma, and Moral Injury 3 hrs.

PSYC 375 Psychology of Addiction Issues 3 hrs.

SOCI 201 Sociology of the Family 3 hrs.

LDST 331 Negotiation and Conflict Resolution 3 hrs.

BSCI 272 Methods in Social Science Research 3 hrs.

BSCI 274 Statistical Foundations for Behavioral Sciences 3 hrs.

BSCI 495 Senior Capstone 3 hrs.